



Take the Silver Steps Senior Care Assessment

There is nothing better than knowing your loved one is safe and healthy in the comfort of their own home. However, knowing the difference between your parents “slipping a little” and showing cause for concern is important for their health and safety.

Silver Steps is a zero cost placement agency that will help you find the care they truly need.

[Silver Steps Senior Care Advisors](#) are able to quickly assess your loved one’s situation.

Top Signs it May be Time to Consider Senior Living Options

Basic assessment signs to determine if it is time to help your loved one find the care they need.

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| <ol style="list-style-type: none">1. Infrequent showering and bathing.2. Unpleasant body odor.3. Noticeable decline in grooming habits and personal care.4. Trouble getting up from a seated position.5. Difficulty with walking, balance, and mobility.6. Forgetting to take medications – or taking more than the prescribed dosage.7. Spoiled food.8. Dirty house.9. Extreme clutter and dirty laundry piling up.10. Unexplained dents and scratches on a car. | <ol style="list-style-type: none">11. Stacks of unopened mail or an overflowing mailbox.12. Late payment notices.13. Bounced checks and calls from bill collectors.14. Missing important appointments.15. Uncertainty and confusion when performing once-familiar tasks.16. Loss of interest in hobbies and activities.17. Changes in mood or extreme mood swings.18. Diagnosis of dementia or early onset Alzheimer's.19. Poor diet or weight loss.20. Unexplained bruising. |
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Specification

To better determine the type of placement for your senior-loved-one, contact Silver Steps Placement for guidance in making the right decisions.